WellLink Health Alliance | Northeast Ohio Opioid Consortium **EDUCATION SERIES**

Building a Culture of Support

Behavioral Health and Substance Use Resources for the Construction Industry

The physical and mental demands of the construction industry often intersect with chronic pain, mental health challenges, and substance use. Building a safe, recovery-friendly culture requires equipping employers, workers, and their families with accessible, compassionate tools and practical support frameworks.

Employer Action Plan: Programs to Support Your Workforce

Employers play a pivotal role in reducing barriers to care and retaining valuable tradespeople. The following programs and frameworks are designed specifically to help employers implement supportive policies:

- **Ohio BWC Substance Use Prevention and Recovery (SUPR) Program:** Replacing the old Drug-Free Safety Program, SUPR provides premium rebates (up to 7%) and reimbursement grants (up to $5,000) for eligible employers. It covers costs for developing supportive workplace policies, conducting employee and supervisor training, administering drug testing, and providing substance use assessments for employees who test positive or self-report.

  Link: bwc.ohio.gov

- **Ohio Recovery Friendly Workplace Initiative:** A statewide program launched by the Governor's office designed to help employers support individuals in recovery by actively removing the barriers associated with mental health conditions or substance use disorders. It emphasizes keeping employees connected to the workforce and provides leaders with tools to identify signs of substance use.

  Link: RecoveryFriendlyWorkplace.MHA.Ohio.gov

OD2A Local Grant Support

This panel is supported by the Cuyahoga County Board of Health's Overdose Data to Action (LOCAL) grant, which aims to build strong partnerships across public health, health systems, and community organizations.

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- **Job Accommodation Network (JAN):** A free national consulting service that provides expert, confidential guidance to employers on workplace accommodations and disability employment issues, including how to legally and effectively accommodate employees returning to work after SUD treatment or managing mental health conditions.

  Link: askjan.org

- **Jobsite Overdose Preparedness:** Partner with local Project DAWN (Deaths Avoided With Naloxone) programs to stock essential naloxone kits in every construction site's first-aid kit alongside standard trauma supplies.

  Link: odh.ohio.gov/know-our-programs/project-dawn

Northeast Ohio Local Resources & Crisis Centers

- **Glick Recovery Campus (The Centers):** A newly opened, 24/7 behavioral health crisis center located in Cleveland's Central neighborhood (2322 E. 22nd Street). It offers immediate walk-in crisis stabilization, assessment, detoxification, and observation for mental health and substance use emergencies with no appointment or referral required.

  Link: thecentersohio.org/grc/

- **Drughelp.care:** A free, fully searchable website that efficiently matches individuals with available local treatment and risk reduction services, including outpatient, residential, and peer support.

  Link: drughelp.care

- **MetroHealth Office of Opioid Safety:** Provides comprehensive community support including Project DAWN (free naloxone and overdose education), the Thrive ED Peer Support Program (24/7 certified peer specialists in the ER for immediate linkage to care and buprenorphine induction), and the ExAM Program for individuals in the justice system.

  Link: metrohealth.org/en/community/office-of-opioid-safety/programs

- **American Foundation for Suicide Prevention (AFSP) - Ohio Chapter:** Local chapters providing grassroots resources, educational programs, and support for individuals and families impacted by suicide loss, as well as workplace prevention training.

  Link: afsp.org/chapter/ohio

- **LiUNA Member Support:** Connect with your local LiUNA representatives to access union-specific behavioral health benefits, employee assistance programs, and family support tailored to the trades.

  Link: liuna.org

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National Support Resources for Workers and Families

- **988 Suicide & Crisis Lifeline:** A nationwide, 24/7 hotline providing support via call, text, or chat to individuals in mental health, substance use, and suicidal crises.

  Link: 988lifeline.org

- **SAMHSA's National Helpline (1-800-662-4357):** A free, confidential, 24/7 treatment referral and information service available in English and Spanish.

  Link: samhsa.gov/find-help/national-helpline

- **FindTreatment.gov:** A confidential and anonymous locator tool for persons seeking treatment for mental and substance use disorders in the U.S.

  Link: findtreatment.gov

- **NAMI Helpline (1-800-950-6264):** A free nationwide service providing one-on-one emotional support, mental health information, and family resources.

  Link: nami.org/help

- **Recover Together:** A locator tool to find nearby support groups or recovery chapters (e.g., AA or NA) and drug/alcohol treatment centers.

  Link: recovertogether.withgoogle.com

- **Guardian Revival & inTransition:** Free, confidential programs offering mental health care, coaching, and well-being support for military, veterans, and first responders.

  Link: guardianrevival.org | health.mil/inTransition

- **JED Foundation & Soluna:** Dedicated resources and free, judgment-free coaching for teenagers and young adults.

  Link: jedfoundation.org | solunaapp.com

- **National Domestic Violence Hotline (1-800-799-7233):** Confidential crisis intervention and referral services available in over 200 languages.

  Link: thehotline.org

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